

A Diary Entry About Illnesses

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CLOUDY

It was such an awful day! I was fine when I went to bed last night, but after I woke up this morning, I felt terrible. I've got the flu, a runny nose, and a stomachache! I truly wanted to go to school to play with my friends. I was disappointed. My brother also got sick.

My dad told me to drink some warm water and go back to sleep. After a while my class teacher Miss Yan called, she said, "I am so sorry to bother you, but your brother is sick too." My mom picked him up at school, and it turns out he has a sore throat, and a cough. I hope no one else gets sick.

I told my brother we ought to wear a mask when we're sick, but my brother didn't listen. He said it was uncomfortable, so I told him we should wear a mask because it prevents us from spreading germs. He understood and was willing to wear a mask.

We then tried to go back to sleep, but we couldn't, because my brother's friends called. First, it was Tracy. She asked us if we were okay and gave us some advice. The advice was to drink some orange juice, because it is rich in vitamin C, but I knew my brother shouldn't drink it. It always gives him a stomachache.

Then it was Ethan who called. He told us to see a doctor and said it is the best thing to do. We thanked him for the advice. In the evening, Dad took us to the doctor. The doctor told us to stay warm and take some medicine.

We still don't feel great, but we feel a lot better than this morning, because we know what the best for us is in order to get well again!